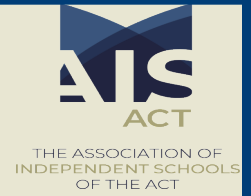




Trauma Informed Education

3 Online Workshops: TQI Accredited – 5 hours



These 3 online workshops will provide leaders, teachers, and support staff with an introduction to the impact of trauma on the development of young people. They will emphasise the critical role educators play in responding to trauma and the impacts of vicarious trauma. Strategies and approaches to support young people affected by complex trauma and wellbeing strategies for educators will be explored.

Facilitator: Velissa Aplin, Social Worker



Velissa is a social worker who specialises in child & adolescent mental health & the impacts of traumatic experiences. She is a strong advocate for emotional wellbeing & passionate about taking care of each other. She has worked in child & adolescent mental health services for the past 22 years and prior to that, started her social work life in child protection, which opened her eyes to the profound trauma of some people's lives.

Velissa was instrumental in running a trauma informed education program in schools for 4 years (2015-2018) through the Australian National University & then started her own business in 2019 - specialising in trauma informed care & education, adolescent mental health, staff wellbeing & leadership.

Session 1: T3 Week 8 Thursday 8 September 3pm-4:30pm via Teams (1.5hrs)

What is trauma - types of trauma, prevalence of trauma, impacts of trauma on young people, impacts of trauma on educators.

Session 2: T3 Week 9 Thursday 15 September 3pm-4:30pm via Teams (1.5hrs)

The significance of Attachment - how this is affected by trauma, the neurobiology of trauma, how vicarious trauma presents & wellbeing strategies for educators.

Session 3: T4 Week 2 Thursday 20 October 3pm-5pm via Teams (2hrs)

What do students affected by trauma need - strategies & approaches for supporting young people affected by complex trauma.

Cost: No cost for participants due to change in delivery mode

Registration: professional.learning@ais.act.edu.au

For TQI Accreditation (5hrs) participants must attend all 3 sessions

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