

Trauma Informed Education

Thursday 8 September 2022



THE ASSOCIATION OF
INDEPENDENT SCHOOLS
OF THE ACT

This one day workshop will provide leaders, teachers and support staff with an introduction to the prevalence and impact of trauma on the development of young people. It will emphasise the critical role educators play in responding to the short and long term impacts on physical and emotional wellbeing of students.

Facilitator: **Velissa Aplin, Social Worker**



Velissa is a social worker who specialises in child & adolescent mental health & the impacts of traumatic experiences. She is a strong advocate for emotional wellbeing & passionate about taking care of each other. She has worked in child & adolescent mental health services for the past 22 years and prior to that, started her social work life in child protection, which opened her eyes to the profound trauma of some people's lives.

Velissa was instrumental in running a trauma informed education program in schools for 4 years (2015-2018) through the Australian National University & then started her own business in 2019 - specialising in trauma informed care & education, adolescent mental health, staff wellbeing & leadership.

Date: Thursday 8 September

Time: 9am (registration from 8:45am) to 3:30pm

Venue: Canberra Girls Grammar School - Yhuuramulum
Lakeside venue, **4 Alexandrina Dr, Yarralumla**

Cost: \$165 (gst inclusive), includes light morning tea & lunch

Registration: Due by Monday 22 August
professional.learning@ais.act.edu.au
With your registration, please indicate to whom your invoice should be sent
Registration numbers capped at 40

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